

Suicide Prevention Collaboration With The Red Lake Nation

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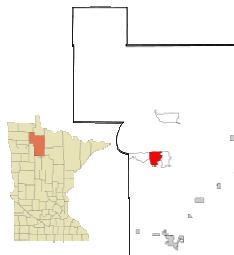
Overview

- Who are the Red Lake Nation members?
- How did we become partners?
- What strengthens that partnership?
- What challenges are there?
- What have been the outcomes so far?



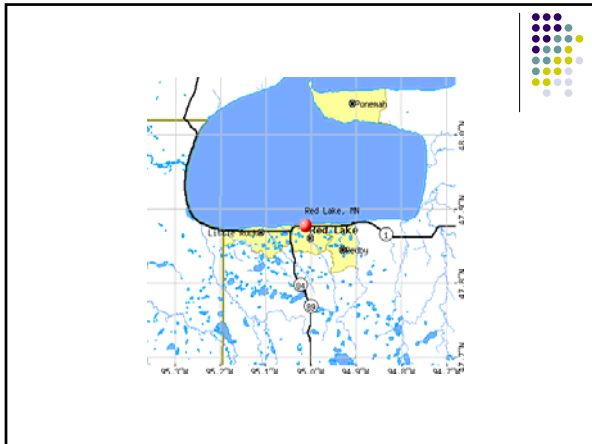
The Red Lake Band of Chippewa

- Currently 5,200 members live on the reservation
- A sovereign nation
- Land is held in common



Location of Red Lake in Beltrami County and Minnesota





The Suicide Epidemic

- 2004: 69 teenagers attempted suicide
3 died by suicide
- 2005: School shooting in which 10 were killed,
student gunman died by suicide
- Prompted outreach effort
- Created internal support group



History of Our Partnership

- June 2008: NSPL approaches Crisis Connection
- July 2008: Crisis Connection agrees
- August 2008: Bike Rally and Fish Fry
- September 2008: Their visit: Introductions and
training
- October 2008: Our visit: Provider meeting and
high school health fair



History of Our Partnership



- December 2008: Their visit
- March 2009: 2 deaths by suicide, 2 attempts
- June 2009: Garrett Lee Smith grant application
- August 2009: 2nd Annual Bike Rally & Fish Fry

Strengths



- They invited us
- We came to learn and to listen
- We are a supporting entity
 - They provide direction and a local presence
 - We provide education and materials and answer the calls

Challenges



- Distance
- Poverty
- Wariness
 - Red Lake Members
 - Local Providers
 - Crisis Connection
- Desire to share caller information

Outcomes after 10 Months



Data from NSPL Logs:

- 145 phone calls from Beltrami County (6.4% of NSPL calls)
- 29 from Red Lake prefix
 - Red Lake Nation = 0.16% of Minnesota population
 - Red Lake prefix accounts for 1.3% of NSPL calls

Outcomes after 10 Months



Data from our evaluation measures:

- 2 to 1 ratio, male to female
- 40% first time caller
- 1 in 4 referred by another professional
- Reasons for calling:
 - 32% stress 21% depression
 - 26% chemical abuse 21% anxiety

Outcomes after 10 Months



- 1 known suicide prevention in Red Lake
- Nearly all calls deemed a crisis or likely to become a crisis
- 74% of callers report stress reduced
- 63% motivated to take positive action

Next Steps



- Bike Rally and Fish Fry
- Update compiled resources
- Provide ASIST training

Questions?



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